

GOLDENBERRY

Physalis peruviana

HTS: 0810905000



Goldenberry is a native fruit from South America. It has a sweet and slightly bitter flavor. Encased in a thin, yellowish skin.



PACKAGING

Air Freight

Carboard Tray: 1.2 Kilogram per box

Pallet: 160 boxes per pallet

Size: N/A

SEASON

Jan Feb Mar Apr May Jun Jul Aug Sept Oct Nov Dec

■ High Season ■ Low Season ■ Not Avilable

RIPPENING STAGE

1



2



3



4

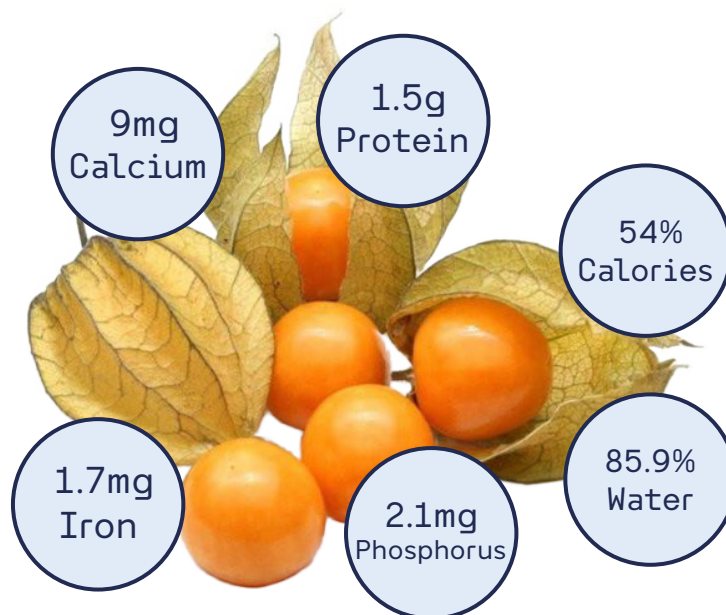


5





Origin



*For each 100 gr

BENEFITS



Protects the brain:

Reduces cognitive deterioration thanks to its content of vitamin C, B vitamins, and phosphorus.



Helps treat throat and ear conditions:

Due to its anti-inflammatory and antiseptic capacity.



Benefits kidney health:

Has a diuretic effect that helps eliminate toxins and prevent fluid retention

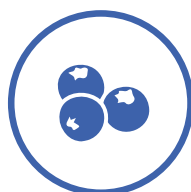
HOW TO PRESERVE FRUIT

- Store it in a cool place and keep the husks intact until they are ready to be consumed. They can last for **5 to 7 days** this way.
- To store them in the **refrigerator**, it's recommended to use an **uncovered plastic container** or a perforated wrapping to allow the fruit to breathe

HOW TO EAT



Juice



Fresh



Syrup



Sauces



Desserts