

RED DRAGON FRUIT

Hylocereus spp

HTS: 0810904000



The dragon fruit, is an exotic fruit with juicy and sweet pulp, It's rich in antioxidants and vitamins, characterized by its refreshing.



PACKAGING

Air Freight

Carboard Tray: 4.5 Kilogram per box

Pallet: 100 boxes per pallet

Size: 6-14 / 280-700 gr

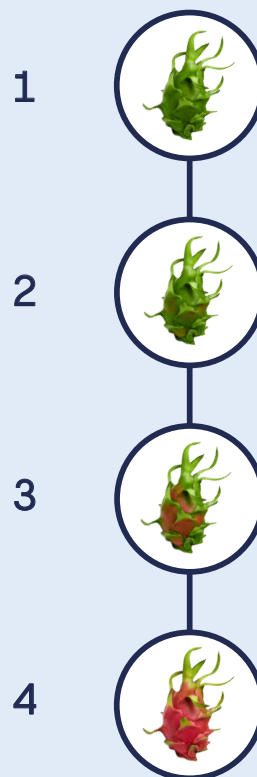
SEASON

Jan Feb Mar Apr May Jun Jul Aug Sept Oct Nov Dec



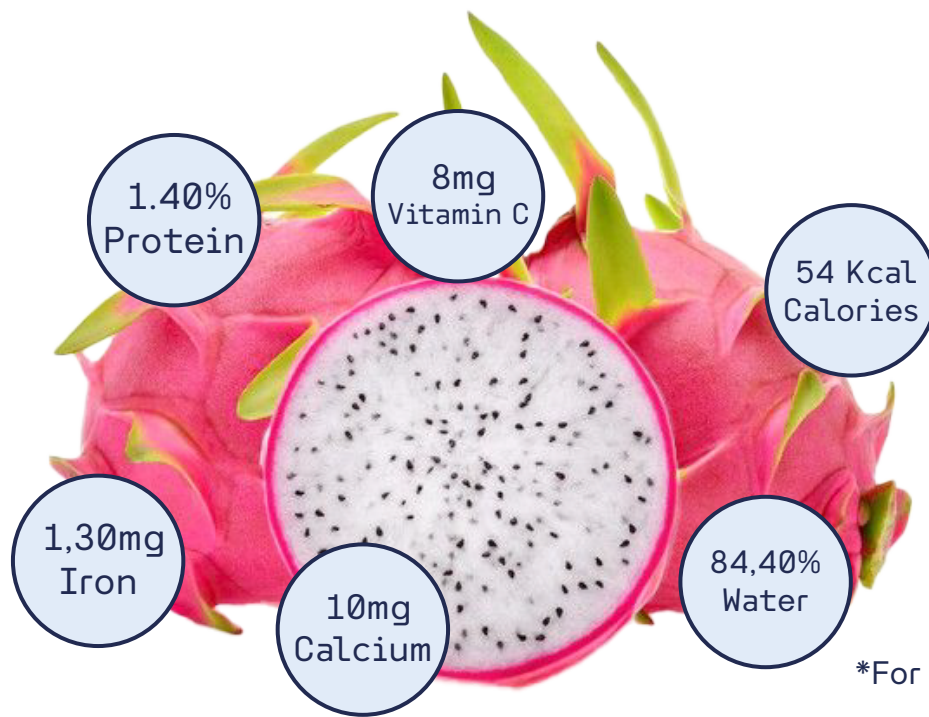
■ High Season ■ Low Season ■ Not Avilable

RIPPENING STAGE





Origin



BENEFITS



Strengthen bones:

With calcium, magnesium, and phosphorus, red dragon fruit is essential for strong bones and teeth, especially benefiting people with osteoporosis.



Prevent anemia:

Rich in iron and vitamin C, red dragon fruit prevents and improves anemia by facilitating iron absorption in the body.



Aiding in post-workout recovery:

Red dragon fruit is recommended for athletes as it contains minerals like phosphorus, calcium, potassium, and magnesium, which help balance the body's electrolytes after exercising.

HOW TO PRESERVE FRUIT

- The red dragon fruit can be left out on the counter for a **few days**.
- To store them for a **longer period**, place them in a plastic bag in the **refrigerator**.

HOW TO EAT



Jam



Ice Cream



Yogurt



Salad



Fresh